

Dublin Rape Crisis Centre

Training Workshops in Issues of Sexual Violence

**Venue: Dublin Rape Crisis Centre, 70 Lower Leeson St, Dublin 2
9.30 am to 4.30 pm.**

- A one day course **Preventing and Dealing with Bullying, Harassment and Sexual Harassment in the Workplace** for Managers, Human Resources Personnel, Equality Officers, Members of Boards of Management. This course would be helpful also to those in a counselling role, but please note the focus is on issues for the manager rather than on counselling issues. This course will be held on **Wednesday 16th March 2011**
- A one day training workshop **Issues in the Aftermath of Rape** on **Thursday 31st March, 2011**. This course is for staff or volunteers who want to increase their understanding of the impact of rape and their ability to respond appropriately in its aftermath.
- A one day workshop on **Working with Issues of Child Sexual Abuse** on **Wednesday 20th April 2011**. This workshop is for staff and volunteers who want to increase their understanding of the dynamics and impact of child sexual abuse, and to enhance their capacity to deal with this issue.
- A twelve day **Continuing Professional Development Course: Issues in Sexual Violence: the Counselling Process** for psychotherapists and counsellors or those in a counselling role wishing to enhance their understanding and skills in working with issues of sexual violence. This course will run for twelve days in six two day modules on Wednesdays and Thursdays from **November 2011 to February 2012**.
9th and 10th November; 23rd and 24th November; 7th and 8th December 2011;
18th and 19th January; 1st and 2nd February; 15th and 16th February 2012.

The course will explore issues arising in working with adolescent and adult clients who have experienced child sexual abuse, rape, sexual assault and sexual harassment.

*Preventing and Dealing with
Bullying, Harassment and Sexual Harassment
in the Workplace*

**A Training Seminar for Managers, Human Resources Staff, Equality Officers
and others in key roles**

Date: Wednesday 16th March 2011 9.30 to 4.30

Venue: Dublin Rape Crisis Centre, 70 Lower Leeson Street, Dublin 2.

The Programme includes:

- **Definition of Bullying, Harassment and Sexual Harassment**
- **The impact of these behaviours on the individual and the organisation**
- **The Law in Ireland with regard to these issues**
 - * **The Employment Equality Act 1998**
 - * **The Equal Status Act 2000**
 - * **The Law with regard to Bullying**
 - * **The responsibilities of the employer and service provider**
 - * **The rights and responsibilities of the employee and the service user**
 - * **The Natural Justice Rights of the Accused**
- **Issues in Implementing a Policy and Procedures**
- **Guidelines for those in a management or other key role**
 - * **Dealing with a complaint**
 - * **Proactive approaches**

DRCC has been providing training on these issues since 1988 to private companies, state and semi-state bodies, industry and voluntary organisations.

The fee for attending this seminar is €290. There is a reduced fee of €120 for participants from voluntary organisations.

**Please complete the application form and forward with fee to:
The Education and Training Department, DRCC, 70 Lower Leeson St, Dublin 2.**

**For further information contact Leonie O'Dowd or Jane Baird at 01 6614911
or email leonie@rcc.ie**

*Preventing and Dealing with
Bullying, Harassment and Sexual Harassment
in the Workplace*

**A Training Seminar for Managers, Human Resources Staff, Equality Officers
and others in key roles**

Date: Wednesday 16th March 2011

9.30 to 4.30

Venue: The Rape Crisis Centre, 70 Lower Leeson Street, Dublin 2.

**I wish to attend the Training Seminar 'Preventing and Dealing with
Bullying, Harassment and Sexual Harassment in the Workplace' on
Wednesday 16th March 2011 .**

**Name:
Company/organisation
Address**

Telephone: Mobile: email:

Position/role within company/organisation

Do you have any special requirements re facilities?

I enclose Fee of €290
Reduced fee of €120 (for voluntary organisations)
Please send invoice for fee to:

**For further information contact Leonie O'Dowd or Jane Baird at
01 6614911 or email leonie@rcc.ie**

Issues in the Aftermath of Rape

A Dublin Rape Crisis Centre One Day Workshop

DATE **Thursday 31st March 2011** **TIME 9.30am – 4.30pm**

VENUE **Dublin Rape Crisis Centre, 70 Lower Leeson St, Dublin 2.**

This one day introductory workshop is intended for those who come into contact in their work with people who have experienced rape and who want to increase their understanding of the impact of rape and their ability to respond appropriately in its aftermath, both long term and short term.

The approach is participative and discussion and questions are encouraged.

The fee for this Workshop is €120

Teas/coffees will be provided. (Lunch is not included)

Please complete a separate application form for each participant: photocopy if necessary

PARTICIPANT DETAILS

Name _____

Occupation/Role _____

Work Address _____

_____ **email** _____

Phone:work _____ **(home)** _____ **mobile** _____

Do you have any special requirements re facilities? _____

I enclose the full fee of €120

Please send invoice for fee to:

Due to the participative nature of this course, numbers are limited. It is advisable to book a place as early as possible.

For further information contact Leonie O'Dowd or Jane Baird at 01 6614911 or email etadmin@rcc.ie

Working with Issues of Child Sexual Abuse

A Dublin Rape Crisis Centre One Day Workshop

DATE Wednesday April 20th 2011
TIME 9.30am – 4.30pm

VENUE Dublin Rape Crisis Centre, 70 Lower Leeson St, Dublin 2.

This one day introductory workshop is intended for those who come into contact with the issue of child sexual abuse in their work and who want to enhance their understanding of the dynamics and effects of abuse.

The approach is participative and discussion and questions are encouraged.

The fee for this Workshop is €120

Teas/coffees will be provided. (Lunch is not included)

Please complete a separate application form for each participant: photocopy if necessary

PARTICIPANT DETAILS

Name _____

Occupation/Role _____

Work Address _____ **email** _____

Phone:(work) _____ **(home)** _____ **(mobile)** _____

Do you have any special requirements re facilities _____

I enclose the full fee of €120

Or Please send invoice for fee to:

Due to the participative nature of this course, numbers are limited. It is advisable to book a place as early as possible.

For further information contact Leonie O'Dowd or Jane Baird at 01 6614911 or email etadmin@rcc.ie

Dublin Rape Crisis Centre
Continuing Professional Development
12 day Course
Issues of Sexual Violence: the Counselling Process

An intensive 12 day in-service course for those working or beginning to work as counsellors and psychotherapists who wish to enhance their understanding and skills in working with issues of sexual violence.

This course will run in six two day modules from November 2011 to February 2012.

**9th and 10th , 23rd and 24th November; 7th and 8th December 2011;
18th and 19th January; 1st and 2nd , 15th and 16th February 2012.**

Venue: Dublin Rape Crisis Centre, 70 Lower Leeson Street, Dublin 2.

The course will explore issues arising in working as a counsellor with adolescent and adult clients who have experienced child sexual abuse, rape or sexual assault.

Issues explored will include:

- The impact of societal attitudes and beliefs on people who have experienced sexual violence
- The impact of sexual abuse on the child, the adolescent and the adult
- The internalised attitudes of the counsellor/psychotherapist
- The therapeutic process in working with sexual abuse
- Guidelines for facilitating a disclosure of sexual abuse
- Working with trauma and preventing re-traumatisation
- Working with sexual abuse: the impact on the counsellor/psychotherapist
- Creating safety: self-help skills for the client
- Identifying and developing the resources of the client
- Working with boundaries
- Deepening the process: experiential work
- Integration as part of the therapeutic process
- The immediate and long-term impact of rape and sexual assault
- Crisis intervention in the aftermath of rape and sexual assault
- Medical and legal issues in the aftermath of rape and sexual assault
- Counselling issues when working with rape
- Sexual Harassment: Definition, Impact, Law, Procedures, Counselling Issues
- Sexuality
- The dynamics of abuse: issues for the counselling relationship
- Finishing therapy
- Vicarious traumatisation: and self care strategies for the counsellor

The course, while including theoretical inputs, is participative and experiential in nature. The sensitive nature of the issues being addressed and their capacity to resonate with participants is taken into account in the approach. The training methods

include the use of video and audio materials, lectures, role-plays, experiential exercises, case studies and small group work.

This training is offered in the expectation that participants will have access to their own personal therapy should issues arise for them during the course.

A Certificate of Attendance will be awarded to participants.

This training programme is recognised for CPD purposes by the Irish Council for Psychotherapy.


The fee for the course is €1,750.

Application: If you would like to participate in this training course, please complete the attached application form and return with €350 non-refundable deposit.

Please note that this course is intended for those with prior counselling training who are working in a counselling role, and focuses on the therapeutic process. DRCC also holds workshops on issues of sexual violence for those in other roles. Please contact us to enquire.

For further information and to book a place on the course, please contact Leonie O'Dowd, Head of Education and Training, at 01 6614911 or email leonie@rcc.ie

To facilitate group participation, places on the course are limited, so early booking is advisable.



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18th and 19th January; 1st and 2nd, 15th and 16th February 2012.**

VENUE: The Rape Crisis Centre, 70 Lower Leeson Street, Dublin 2.

PARTICIPANT DETAILS

Name _____

Occupation _____

Work Address _____

_____ **email** _____

Phone (work) _____ **(home)** _____ **(mobile)** _____

1. Please give details of previous counselling/psychotherapy training and of any specific training in the area of sexual violence

2. Please indicate your interest in applying for this course _____

3. How did you hear of this training course?

4. Do you have any special requirements re facilities?

I enclose a non-refundable deposit of €350 **Please**

I enclose the full fee of €1,750 **tick**

Please send invoice for deposit/full fee to:

The balance of the fee will be due one month before the start of the course.