



International
Women's Day

SOUTHSIDE PARTNERSHIP DLR WOMEN'S PROGRAMME

BREAD & ROSES CAMPAIGN

EVENTS FOR WOMEN IN DLR COUNTY TO CELEBRATE
INTERNATIONAL WOMEN'S DAY 2023

Bread & Roses is a political slogan that originated from a speech given in 1912 by Rose Schneiderman - a feminist and prominent labour union leader in the US. She used the phrase, "The worker must have bread, but she must have roses, too" indicating a worker's right to something higher than subsistence living. It carries the idea that we need our basic necessities (bread) to stay alive and we need to be a part of the awe and joy (roses) in order to really live.



3
MARCH
10am to
12pm

SOUP READING

Healthy Food Made Easy taster session to:

- Understand the Food Pyramid
- Look at your own daily diet
- Cook an easy healthy recipe
- Enjoy eating soup while reading poetry

✉ rafika.kelly@sspship.ie

☎ Text: 087 7203665



**FURRY HILL
COMMUNITY
CENTRE
D16 Y6X9**

**BALLYOGAN
PARISH HALL
D18 TY20**

SPEAK UP !

Women's Voice DLR workshop to:

- Improve confidence to speak in public spaces
- Find out tips for communicating well
- Opportunity for all to speak

✉ rafika.kelly@sspship.ie

☎ Text: 087 7203665



7
MARCH
10am to
11:30am

8
MARCH
1pm to
2pm

WOMEN'S GATHERING

- For all ages
- Bring over some home made scones
- Enjoy lunch together with tea and coffee
- Exchange books, craft ideas and menus

✉ manager.hillviewcrc@gmail.com ☎ (01) 296 5025



**HILLVIEW
RESOURCE
CENTRE
D16 P9V9**

**SOUTHSIDE
TRAVELLER
ACTION
GROUP
D18 Y972**

POLITICAL WORKSHOP

- Information for political awareness for Irish traveller women
- Social activism workshop
- Tea/Coffee and biscuits provided

✉ ssstravellersinfo@gmail.com

☎ (01) 295 7372



8
MARCH
11am to
12pm

8
MARCH
12pm to
1:30pm

IWD LUNCH

- A free community lunch
- A celebration of the strength and resilience of the wonderful women in our community

✉ dwballyogan@gmail.com

☎ (01) 295 3219



**BALLYOGAN
FAMILY
RESOURCE
CENTRE
D16 P9V9**

**COMHALTAS
CEOLTÓIRÍ
ÉIREANN
A94 XV02**

MULTICULTURAL WOMEN'S BREAKFAST

- Embracing equity & inclusion
- Treatments and art workshop
- Poetry, performances and Dancing
- Bring a friend and bring a dish

✉ rafika.kelly@sspship.ie

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9
MARCH
10am to
1pm

9
MARCH
10am to
12pm

WOMENS' HOLISTIC MINDFULNESS

- Learning compassion for the heart
- Self care morning using simple affirmations
- A chance to connect with other women
- Tea and coffee included

✉ frcrosemount@gmail.com

☎ (01) 2166131



**ROSEMOUNT
FAMILY
RESOURCE
CENTRE
D16Y6X9**

**FURRY HILL
COMMUNITY
CENTRE
D16 Y6X9**

WATER COLOUR PAINTING

- A taster class with a professional artist
- Learn water colour painting techniques
- All the painting materials are provided
- A €5 donation is appreciated for the tutor

✉ rafika.kelly@sspship.ie

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10
MARCH
10am to
12pm

15
MARCH
10am to
12pm

MUNCH & CHATS

- Holly House women's group
- Free Cafe' style breakfast
- Celebrate International Women's Day

✉ elaine.mullen@sspship.ie

☎ (01) 272 2613



**HOLLY HOUSE
COMMUNITY
CENTRE
A96 N239**